**Where is my food from?**

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1. Look at five food products at home.
2. Where in the world has the product has come from?
3. Use the internet to find out how many miles the product has travelled, e.g. India to England is approximately 4,200 miles.
4. Suggest a possible alternative which would not have to travel as far from the place of production, e.g. oranges from Spain rather than from Florida.

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| **Cupboard, fridge or freezer?** | **What is the food or drink?** | **Which country has it come from?** | **Approximately how many miles has the product travelled?** | **Possible alternative(s)** |
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**Extension task**

What could you make with the products you have found, or their alternatives?