

Biology > Big idea BHD: Health and disease > Topic BHD1: What are health and disease?

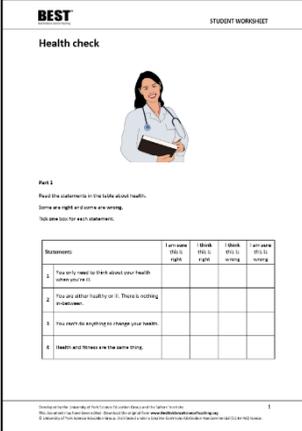
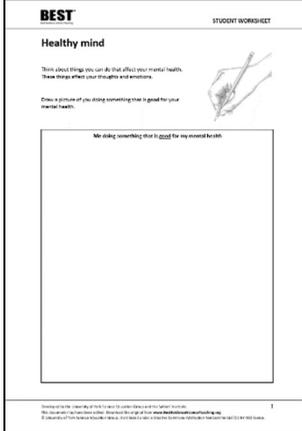
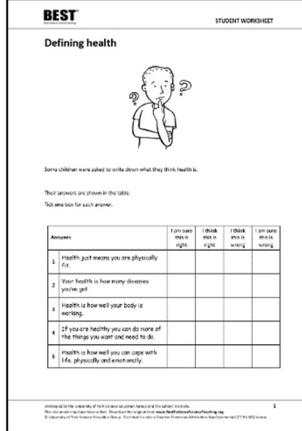
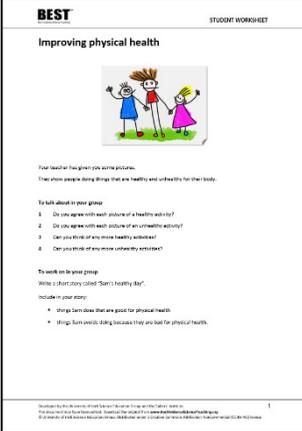
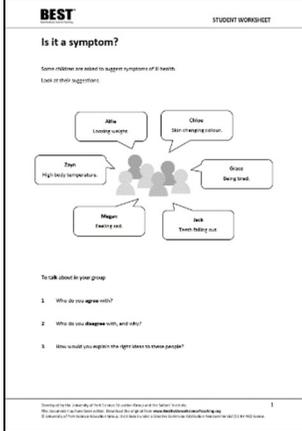
**Progression toolkit: Good and ill health**

<b>Learning focus</b>	The physical health and the mental health of an organism can range from good to ill, and are affected by numerous factors.				
<b>As students' conceptual understanding progresses they can:</b>					
<b>Diagnostic questions</b>	Health check	Healthy body	Healthy mind	Symptoms	Defining health
<b>Response activities</b>		Improving physical health	Improving mental health	Is it a symptom?	What is health?
<b>As students' conceptual understanding progresses they can:</b>	<p>Recall that people have both physical health and mental health, which can range from good to ill.</p> <p style="text-align: center;"><b>P</b></p>	<p>Identify factors associated with good and ill physical health in humans, other animals, and plants.</p> <p style="text-align: center;"><b>P</b></p>	<p>Identify factors associated with good and ill mental health in humans.</p> <p style="text-align: center;"><b>P</b></p>	<p>Recognise that changes in normal body appearance, function and behaviour can be symptoms of ill health.</p>	<p>Evaluate definitions of health.</p>

Key:

**P** Prior understanding from earlier stages of learning

**B** Bridge to later stages of learning

<p style="text-align: center;"><b>Health check</b></p>  <p style="text-align: center;"><b>Confidence grid</b></p>	<p style="text-align: center;"><b>Healthy body</b></p>  <p style="text-align: center;"><b>Drawing</b></p>	<p style="text-align: center;"><b>Healthy mind</b></p>  <p style="text-align: center;"><b>Drawing</b></p>	<p style="text-align: center;"><b>Symptoms</b></p>  <p style="text-align: center;"><b>Focused cloze</b></p>	<p style="text-align: center;"><b>Defining health</b></p>  <p style="text-align: center;"><b>Confidence grid</b></p>
<p style="text-align: center;"><b>Improving physical health</b></p>  <p style="text-align: center;"><b>Discussion</b></p>	<p style="text-align: center;"><b>Improving mental health</b></p>  <p style="text-align: center;"><b>Discussion</b></p>	<p style="text-align: center;"><b>Is it a symptom?</b></p>  <p style="text-align: center;"><b>Talking heads, discussion</b></p>	<p style="text-align: center;"><b>What is health?</b></p>  <p style="text-align: center;"><b>Critiquing a representation, discussion</b></p>	