

Was the Neolithic diet healthier than mine today?

Plate 1: Neolithic diet

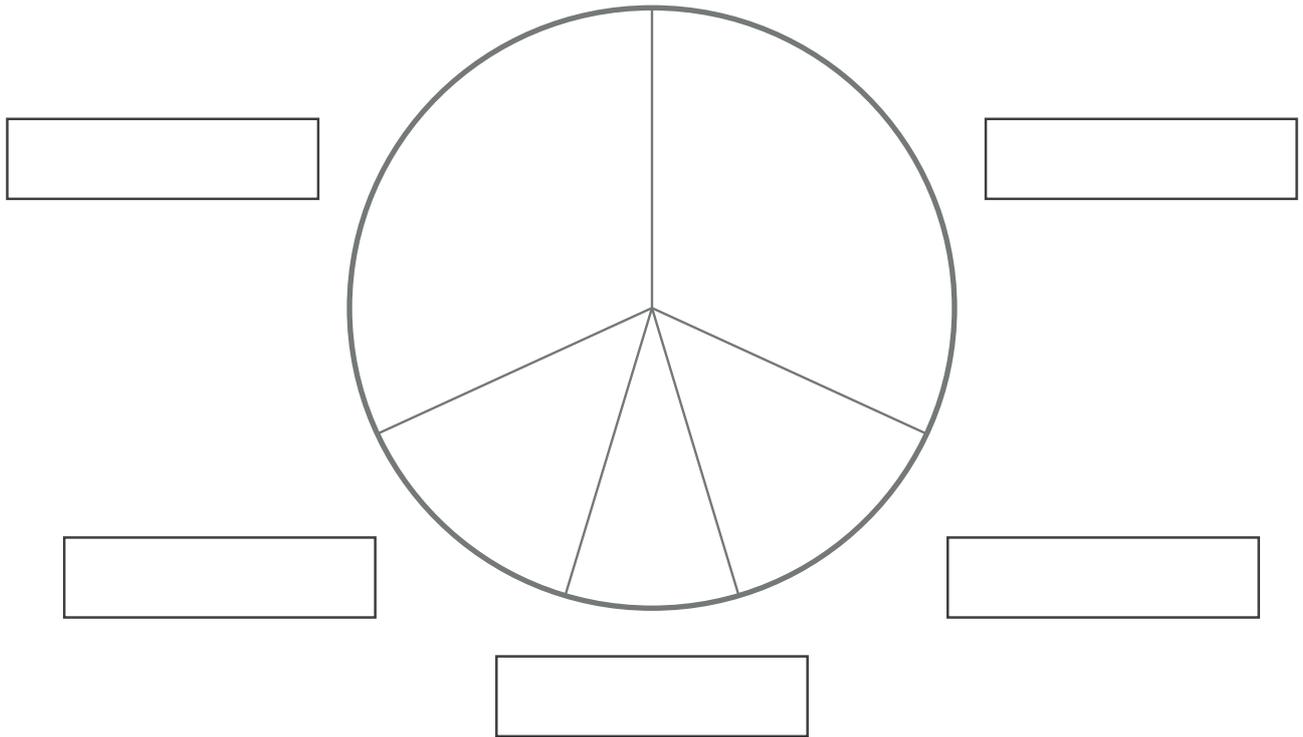


Plate 2: Modern-day diet

