Making and using keys

Introducing keys - with liquorice allsorts (see booklet, page 19)

The Liquorice plant *Glycyrrhiza glabra*

The Liquorice plant is in the same family as peas and beans (Fabaceae). It grows as a wild plant, for example in southern Europe, but in many countries it is also cultivated. Its underground stems and roots are used to provide flavouring in sweets and medicines. The dried sticks are also used for chewing. In England, the best place for growing Liquorice seemed to be Pontefract in Yorkshire. In the 16th century, monks who lived there made small medicinal cakes called Pontefract cakes and these are still produced today.

For some other interesting facts about liquorice see:

[www.foodmuseum.com/licorice.html](http://www.foodmuseum.com/licorice.html)