# Flying Fruit Video Transcript: Banana

## Age 4 – 5

Voice over:

Banana

When you eat a banana, do you think about where it comes from? Let's follow a banana's journey to our plates.

It starts on a banana plantation, like this one. Many plantations are really big. Bananas grow where there is lots of sun, in very hot countries.

These are the banana plants. Banana plants grow very quickly and can reach their full height in about nine months.

Can you see the large purple bud that has grown out of the top of the plant? Look at all the tiny flowers that come out of the bud. Each of these flowers becomes a banana.

Bananas grow in large, hanging bunches. A bunch can hold up to 200 bananas. A row of bananas is sometimes called a 'hand', while a single banana is called a 'finger'.

The stems hang upside down because the bananas are so heavy.

When the bananas are ready for harvesting, the farmer will cut the stem with a machete. Bananas are harvested when they are still a little green.

After being harvested, the bananas are taken to packing stations, where they are cut into small bunches of bananas. Then they are washed to make sure they are clean. Now they are ready for their long journey.

The bananas are packed and loaded into lorries for the first part of their journey. They will then be put on ships or planes to lots of different countries.

Bananas are sweet, and give you lots of energy when you eat one.